



# CHICAGO



# CONGRESS

## SPIRITUAL REFLECTION WEEK 2

Key Insights: Astonishment, New Teaching, Authority

Welcome to our second week of Chicago Faith Congress Spiritual Reflection and Prayer. This week's Sunday gospel affirms our encounter with Jesus as teacher and catechist. We are asked to reflect on how we model Christ-like behavior by being a witness to others through our lifelong formation ministry.

By engaging in these weekly reflections, you will begin the spiritual preparation process to reignite your lifelong faith formation journey at the Chicago Faith Congress. We will LIFT, FORM, and EMPOWER all who are answering the call as Catechists towards revitalizing our parish ministries. Together we will lead, form, and accompany God's people through a lifelong formation journey as Disciples of Christ and His Church.

### **SUNDAY WORD**

Fourth Sunday in Ordinary Time

January 28, 2018

**Lectionary: 71**

*"The people were astonished at his teaching, for he taught them as one having authority and not as the scribes."*

**Mark 1:22**

# A Moment of Silent Reflection

## Reflection Questions

We go through life sharing our daily walk with people. At the end of our conversations, do people feel astonished? Astonishment as defined by Dictionary.com, brings about an overpowering wonder or surprise; amazement; awe.

- Close your eyes for a moment, envision Jesus astonishing the people by his teachings.
- What does it look like when you envision yourself standing in for Jesus?
- When you catechize, do you teach as one of Jesus' disciples having authority to nurture a lifelong faith journey?

## Prayer

Christ has no body now but yours. No hands, no feet on earth but yours. Yours are the eyes through which he looks compassion on this world. Yours are the feet with which he walks to do good. Yours are the hands through which he blesses all the world. Yours are the hands, yours are the feet, yours are the eyes, you are his body. Christ has no body now on earth but yours.

St. Teresa of Avila