

LSAP SYNODAL JOURNEY TIMEBLOCK

Time	Activity	MC (LSAP Coordinator)
12:30 p.m. 20 minutes	Registration and Socializing The directions for this self-directed icebreaker are handed out at	Please use this time to meet the other participants on this LSAP Synodal Journey! Take 1-2 minutes, introduce yourself to someone new and offer the name of your parish and your ministry or function. Share how the Spirit has drawn you here today. Then reverse roles. Share a word of gratitude and blessing for one another's journeys. See how many people you can meet before our session begins.
	the registration table.	While this is going on, LSAP Coordinators will have a vestibule conversation with potential delegates for the LSAP Synodal Journey Synthesis the week following the last session.
12:50 p.m. 10 minutes	Welcome, Thanks to Host Parish, Introductions, and Orientation	The Session MC Coordinator invites everyone to begin sitting down. Chairs have been arranged in clusters of three (triads) on each side of the room. The triads on the left are Group 1, Cry of the Earth and the triads on the right are Group 2, Cry of the Poor, as indicated on the large pads on each side of the room. Preprinted name tags indicate in which group participants are assigned. This is designed to separate people from the same parish. MC thanks the host parish team for their hospitality, introduces the other coordinators, including volunteer facilitators and photographer, and orients everyone to the space, indicating where restrooms are located. Keep cell phone on silent and tucked away. If the pastor is present, he is invited to extend a welcome too.
1 p.m. 2 minutes	Intended Outcome	Today we [gesture to include all gathered] invite the Holy Spirit into our conversations. This Synodal Journey, taking place at locations across our diocese, seeks to create a roadmap for building the Kingdom of God through the Holy Father's Encyclical Letter, "Laudato Si'." As a means to inculcate the teachings of "Laudato Si'," the Vatican has established the Laudato Si' Action Platform (LSAP). With its seven goals and suggested actions, this vehicle provides a structure for parishes and dioceses to live "Laudato Si'."

Time	Activity	MC (LSAP Coordinator)
1:02 p.m. 4 minutes	Why are we here	1. Listen in the Holy Spirit. The synodal journey models what it means to be Church: listen with an open heart. This a time of learning, discernment, and community.
		2. Everyone who is here matters. Your voice and your ears are part of our Church.
		3. Through baptism, loving God, our neighbors and all of creation is foundational to our Christian faith. This is integral in nature.
		4. Grounded in Catholic tradition, we are called to spread the Joy of the Gospel and act for the common good. [MC points out and connects the elements on the prayer table to our Catholic faith.]
		5. Pope Francis' encyclical letter, "Laudato Si" [MC holds up text.], invites us to evangelize the Gospel and manifest the common good.
		6. The Vatican has given us a tool to use called the Laudato Si' Action Platform, LSAP for short, which is organized around seven goals which we will be reflecting on today.
		7. We accompany each other on this journey as on the Road to Emmaus.
1:06 p.m. 1 minute	Reiteration of Roadmap	MC reiterates that this journey is about creating a roadmap for moving forward in vivifying <i>Laudato Si'</i> .
1:07 p.m.	Conversations	MC review guidelines.
2 minutes	in the Spirit	1. Trust and learn from the silence.
		2. Listen and be present, carefully offering your undivided attention as each participant is sharing a precious gift.
		3. When others are sharing during the reflection times, please refrain from responding, suspend judgement, and maintain an attentive silence. There will be time for sharing later. Use your notebook to jot down ideas that you want to recall at the appointed time.
		4. Welcome many perspectives.
		5. This is our time for deep listening, opening the way for the Holy Spirit.
		6. Share your truth with kindness.
		7. Stay on the topic and stay focused.
		8. Be respectful and charitable at all times.
		9. Be open to the Spirit of God's love.
		10. Trust the Journey

Time	Activity	MC (LSAP Coordinator)
1:09 p.m.	Process	Our journey today follows one used by the Vatican for the Synod on Synodality:
1 minute		Deep listening and dialogue with our fellow sojourners.
		Contemplative prayer will be used throughout the afternoon.
		Throughout the day, we will be exploring how our thoughts and feelings converge or are similar to or diverge and are different from what another person is sharing. We will discern how the teachings of "Laudato Si" are reflected in our experiences and how our ideas to engage more fully with LSAP might be received by our parishes and supported by the local Church.
1:10 p.m. 5 minutes	Contemplation	Attached to the clipboard in each triad are copies of an illumination from the St. John's Bible for each of you. If you would each take one, we will begin.
	Scene	Visio Divina, sacred seeing, is an ancient form of prayer that continues to be a powerful way of contemplation. The illumination becomes the window that opens our hearts to the indwelling Spirit of God. The visible makes the invisible present in a palpable way.
		Step 1: Relax. Closing your eyes and focusing on your breath can be a helpful way to center yourself in the Divine.
		Step 2: Gaze at the entire illumination. Notice the shapes, colors, and lighting. Notice the detail of both the foreground and background. Once you have visually canvased the illumination, note what draws your attention.
		Step 3: Meditate on the part of the illumination that has drawn your attention. How is God speaking to you? Allow these thoughts to descend to your heart. What emotion is evoked?
		Step 4: Now offer a prayer from that which has welled up in you.
		Step 5: Now, simply rest in the illumination. Rest in communion with our Creator. Let go of all thoughts and feelings. Simply be, and let the Holy Spirit be with you.
1:15 p.m. 4 minutes	Three Movements	MC explains the three movements: The first movement explores the Cry of the Earth and the Cry of the Poor through the reflections you have brought with you today. You will share your reflections for the group you have been assigned, but will later hear the trends that emerged from the reflections of those assigned to the other group. (continued)

Time	Activity	MC (LSAP Coordinator)
Continued	Three Movements	The second movement will take a deep dive into the five Laudato Si' Action Platform Goals in response to the Cry of the Earth and the Cry of the Poor.
		And finally, the last movement will identify some key takeaways that emerge to bring back to your parishes.
	First Movement,	MC reads the definition of the goal assigned to each group found on the large pads. MC turns toward each group in turn.
	Read Questions	Group 1 will share your reflection on the Cry of the Earth, a call to protect our common home for the wellbeing of all as we equitably address the climate crisis, biodiversity loss and ecological sustainability.
		Group 2 will share your reflection on the Cry of the Poor, a call to promote justice, aware that we are called to defend human life from conception to death and all forms of life on Earth.
	Written Response and Notebook	MC asks participants to pull out their reflection for the group in which they are seated as well as their notebook and a pen.
	Inter-	MC speaks about the interconnectedness of creation.
	connectedness of Creation	Take a look at your hands. Both sides. Take your time. Look at them.
		How old are they? [pause]
		3.75 billion years old. [pause]
		Take a breath. A deep, slow breath.
		You just breathed molecules from Jesus Christ.
		What does this mean within the context of the cry of the Earth and cry of the poor?
1:19 p.m. 2 minutes	Timing of First Movement	MC approaches one of the triads and explains and models the timing for the first movement using gestures to indicate the flow, including the use of the bell to sound the warning bell for the 30 seconds remaining.
		3 minutes for sharing reflection with no response from others (warning bell will sound at 2.5 minutes).
		30 seconds of silent prayer by all.
		90 seconds to document in your notebook what you just heard and how your perspective is similar or different in relationship to the LSAP Goal with which your groups is engaged.
		Remember, this is a time of deep listening. Please honor the journey and refrain from any response or discussion and suspend judgement.

Time	Activity	MC (LSAP Coordinator)
1:21 p.m. 15 minutes	Triad Synodal Sharing	Sharing begins.
	Person 1 Shares, 3 mins.	MC starts the timer, monitors time and rings the bell at 2.5 minutes. At the three minute mark, the MC continues:
	30 seconds of silence	Now for 30 seconds of silent prayer.
	90 seconds to document	Please jot down in your notebook your thoughts and feelings that are similar and different in relation to what the other has just shared.
	Person 2 Shares, 3 mins.	Sharing continues with the second person in the triad. MC starts the timer, monitors time and rings the bell at 2.5 minutes. At the three minute mark, the MC continues.
	30 seconds of silence	Now for 30 seconds of silent prayer.
	90 seconds to document	Please jot down in your notebook your thoughts and feelings that are similar and different in relation to what the other has shared.
	Person 3 Shares, 3 mins.	Sharing continues with the third person in the triad. MC starts the timer, monitors time and rings the bell at 2.5 minutes. At the three minute mark, the MC continues.
	30 seconds of silence	Now for 30 seconds of silent prayer.
	90 seconds to document	Please jot down in your notebook your thoughts and feelings that are similar and different in relation to what the other has shared.
1:36 p.m. 2 minutes	Individual Reflection	MC now asks each participant to take 2 minutes to silently synthesize what they have heard and identify how their thoughts and feelings are similar to or differ from what has been shared by all in relationship to the Cry of the Earth/Cry of the Poor.
1:38 p.m. 7 minutes	Triad Dialogue	You are now invited to share your thoughts and begin to identify the trends that emerged in the similarities and differences that were shared. Your first step is to identify a person in your triad who is willing to record what is said and capture these trends on the T-sheet (hold up sample). Though less structured, please allow everyone to share their thoughts in this dialogue. Recorders, we ask you to please put your name and date at the bottom the sheet. We will gather these at the end of the day. Any questions? You now have seven minutes.

Time	Activity	MC (LSAP Coordinator)
1:45 p.m. 13 minutes	Large Group Work — Trend Identification	In a moment, the triads will move their chairs together to form two larger groups — one for the Cry of the Earth and the other for the Cry of the Poor [MC gestures]. For the next 13 minutes, each Recorder (or someone from each Triad) will share a short phrase that describes the trends that emerged — those that were similar or convergent and those that were different or divergent. The LSAP Coordinators will capture the words, validate responses and write down the emergent trends on the large flip charts. Move your chairs now and begin.
1:58 p.m. 5 minutes	Large Group 1: Summarize for Large Group 2	We will now have an opportunity to hear about one another's journeys and the trends that emerged in our response to the Cry of the Earth and the Cry of the Poor. Who from this group would like to share the trends that emerged from the Cry of the Earth? A representative from the group will share what emerged.
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2:03 p.m. 3 minutes	Questions for Group 1	MC asks if there are questions for Group 1. Additional items that emerge in the questioning are noted on the large pads.
2:06 p.m. 5 minutes	Large Group 2: Summarize for Large Group 1	We will now have an opportunity to hear about the trends that emerged in the group considering the Cry of the Poor. Who from this group would like to share what trends emerged?
		A representative from the group will share what emerged.
2:11 p.m. 2 minutes	Questions for Group 2	MC asks if there are questions for Group 2. Additional items that emerge in the questioning are noted on the large pads.
2:13 p.m. 3 minutes	Antiphonal Prayer to Care for Our	In this responsorial prayer from the US Catholic Conference of Bishops, we pray to the Father, Son, and Holy Spirit to help us to evangelize the Gospel of Creation.
	Common Home	Give instruction for the response; begin the prayer.
		Group 1 responds: The Lord hears the Cry of the Earth.Group 2 follows: The Lord hears the Cry of the Poor.
		Father of all, Creator and ruler of the universe, You entrusted your world to us as a gift. Help us to care for it and all people, that we may live in right relationship—with You, with ourselves, with one another, and with creation.
		Group 1: The Lord hears the Cry of the Earth. Group 2: The Lord hears the Cry of the Poor.
		(continued)

Time	Activity	MC (LSAP Coordinator)
Continued	Antiphonal Prayer to Care for Our Common Home	Christ our Lord, both divine and human, You lived among us and died for our sins, by recognizing that we are all interconnected — to our brothers and sisters around the world, to those in poverty impacted by environmental devastation, and to future generations
		Group 1: The Lord hears the Cry of the Earth. Group 2: The Lord hears the Cry of the Poor.
		Holy Spirit, giver of wisdom and love, You breathe life in us and guide us. Help us to live according to your vision, stirring to action the hearts of all — individuals and families, communities of faith, and civil and political leaders. Triune God, help us to hear the cry of those in poverty and the cry of the earth, so that we may together care for our common home.
		Group 1: The Lord hears the Cry of the Earth. Group 2: The Lord hears the Cry of the Poor.
		Amen.
2:16 p.m. 5 minutes	Break	Instructions from MC about location of the restrooms and that the brevity of the break. Hospitality people and greeters now move tri-pods and pads for each goal table into place for the next movement (see room layout schematic).
2:21 p.m. 2 minutes	Centering Reflection	Bell is sounded to bring people back from break. MC now reads from Laudato Si' (#236) about the centrality of Eucharist and invites participants to move to the church/chapel/prayer space and open their senses and heart to God's good Creation.
2:23 p.m. 2 minutes	Read LS #236	"It is in the Eucharist that all that has been created finds its greatest exaltation. Grace, which tends to manifest itself tangibly, found unsurpassable expression when God himself became man and gave himself as food for his creatures. The Lord, in the culmination of the mystery of the Incarnation, chose to reach our intimate depths through a fragment of matter. He comes not from above, but from within, he comes that we might find him in this world of ours. In the Eucharist, fullness is already achieved; it is the living centre of the universe, the overflowing core of love and of inexhaustible life. Joined to the incarnate Son, present in the Eucharist, the whole cosmos gives thanks to God. Indeed the Eucharist is itself an act of cosmic love: 'Yes, cosmic! Because even when it is celebrated on the humble altar of a country church, the Eucharist is always in some way celebrated on the altar of the world.'"
		(Continued)

Time	Activity	MC (LSAP Coordinator)
Continued	Read LS #236	"The Eucharist joins heaven and earth; it embraces and penetrates all creation. The world which came forth from God's hands returns to him in blessed and undivided adoration: in the bread of the Eucharist, 'creation is projected towards divinization, towards the holy wedding feast, towards unification with the Creator himself.' Thus, the Eucharist is also a source of light and motivation for our concerns for the environment, directing us to be stewards of all creation." —LS 236
		All sit in silent contemplation.
2:25 p.m. 2 minutes	Reconvene	Use gong to silently ambulate people from silence back to the synodal gathering space. MC invites everyone to retrieve your notebooks and move to the area with the tables numbered 1 to 5. The number in the center of the table corresponds to the table number on your name tag and to the goal for which you prepared your reflection. There are 5 tables: Ecological Economics, Adoption of Sustainable Lifestyles, Ecological Education, Ecological Spirituality, and Community Resilience and Empowerment. A Recorder has been assigned to your table. [Remind assigned table recorder/facilitators to hold on to the table clipboard.]
2:27 p.m.	Explanation	MC defines integral ecology:
1 minute	of Integral Ecology	Throughout Pope Francis' Encyclical and the Laudato Si' Action Platform, you will hear the phrase integral ecology. It means everything is interconnected.
2:28 p.m. 1 minute	Second Movement Overview	After hearing the cries of the earth and the poor, recognizing the convergence/divergence, the trends that emerged, and recognizing that everything in the universe is interconnected, we now ask you to share your reflections on the other Laudato Si' Action Platform Goals.
		MC points to each of the tables and names the five goals.
		An assigned facilitator/recorder is at your table to assist with this movement. We will follow the same process we did earlier.

Time	Activity	MC (LSAP Coordinator)
2:29 p.m.	Reinforce	MC again reinforces the process for the tables.
1 minute	Process	This time, before you begin, the recorder/facilitator at your table will first read to you the goal, its definition, and the question at the top of the recorder sheet that looks like this (hold up). Keep this in mind as you reflect on what is shared. You will once more have 5 minutes for each person to go through the process.
		3 minutes for reflection (warning bell will sound at 2.5 minutes).
		30 seconds of silent prayer.
		90 seconds to document in your notebook what you heard and how your perspective is similar or different in relationship to the LSAP Goal with which your groups is engaged.
		Remember: This is a time of deep listening. All are asked to refrain from any response or discussion and to suspend judgement.
2:30 p.m. 15 minutes	Synodal Sharing—Goals 3 through 7	The MC asks for the recorder/facilitator to begin reading the definition and question and then name the first person to share. The MC begins the timer.
	Person 1 Shares 3 mins.	MC starts the timer, monitors time and rings the bell at 2.5 minutes.
	30 seconds of silence	Now for 30 seconds of silent prayer.
	90 seconds to document	Please jot down in your notebook your thoughts and feelings that are similar and different in relation to what the other has just shared.
	Person 2 Shares, 3 mins.	MC starts the timer, monitors time and rings the bell at 2.5 minutes.
	30 seconds of silence	Now for 30 seconds of silent prayer.
	90 seconds to document	Again your thoughts, convergence and divergence.
	Person 3 Shares, 3 mins.	MC starts the timer, monitors time and rings the bell at 2.5 minutes.
	30 seconds of silence	Now for 30 seconds of silent prayer.
	90 seconds to document	Again your thoughts, convergence and divergence.

Individual Reflection Table Dialogue Trend Development	MC now asks each participant to take 2 minutes to organize the thoughts they jotted down and prepare to share them aloud. The recorders are now going to invite each person at the table to share the actions and other ways suggested by their goal to address the Cry of the Earth and the Cry of the Poor. Though less structured, please allow everyone to share their thoughts in the dialogue. Recorders will capture what each person says on the sheet on their clipboard, noting the convergence and divergence — similarities and differences of participants' ideas about how the table's goal can contribute to our care for the earth and care of the poor. [MC holds up the Goal T-sheet.] Each table is now going to take 8 minutes to develop the key trends — both convergent and divergent — from their discussion to present to the whole group. Recorders will create a concise list of trends on both sides of the T-sheet to present to everyone and record on the large pad near their table.
Trend	to share the actions and other ways suggested by their goal to address the Cry of the Earth and the Cry of the Poor. Though less structured, please allow everyone to share their thoughts in the dialogue. Recorders will capture what each person says on the sheet on their clipboard, noting the convergence and divergence — similarities and differences of participants' ideas about how the table's goal can contribute to our care for the earth and care of the poor. [MC holds up the Goal T-sheet.] Each table is now going to take 8 minutes to develop the key trends — both convergent and divergent — from their discussion to present to the whole group. Recorders will create a concise list of trends on both sides of the T-sheet to present to everyone and record on the large
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	pautical titeli tabie.
Table Summaries	We are now going to ask the recorders from each table to share with us in 3 minutes the trends that emerged in their dialogues.
	At the end of this, the MC transitions to the Third Movement with a reading of the Emmaus passage from the Gospel of Luke.
Gospel	A Reading from the Gospel according to Luke.
Reading and Individual Meditation on Illumination Conversation with delegate candidates to confirm which 2-3 candidates will represent this session at the synthesis gathering.	Now on that same day two of them were going to a village called Emmaus, about seven milesf from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. (continued)
	Gospel Reading and Individual Meditation on Illumination Conversation with delegate candidates to confirm which 2-3 candidates will represent this session at the synthesis

Time	Activity	MC (LSAP Coordinator)
Continued	Gospel Reading and Individual Meditation on Illumination Conversation with delegate candidates to confirm which 2-3 candidates will represent this session at the synthesis gathering.	But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said, but they did not see him." Then he said to them, "Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures. As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. They were saying, "The Lord has risen indeed, and he has appeared to Simon!" Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.
		The Word of the Lord.
		CITATION
3:33 p.m. 1 minute	Third Movement	In this third movement today, we begin the process of preparing for an LSAP Synodal Journey Synthesis that will take place on May 18 at Assumption Parish. On that day, delegates from this group will carry forward our conversations in the Holy Spirit. Name them. They will be joined by others from each of the other Synodal Journey sessions. These people will represent this group in a synodal manner similar to the one used here today to synthesize what was shared across the archdiocese. Together they will develop a roadmap to vivify the teachings of "Laudato Si" and inculcate the Laudato Si' Action Platform in the ministerial life of our parishes and the AOC.

Time	Activity	MC (LSAP Coordinator)
3:34 p.m. 4 minutes each	Paired Takeaways	This third movement today also prepares us for our return to our homes and parishes. I am going to ask you to move into the empty area and divide back into the Cry of the Earth and the Cry of the Poor groups. Bring a notepad and pen with you. Now, everyone find a partner from the other side. Look for someone you don't know. Stand face to face. Compare thumb sizes, the smaller goes first. In one minute, state one key takeaway from your experience today that you will share in your parish. Your partner will be responsible for sharing that with the group so listen intently. Go ahead and share. Reverse this process. Next, create one large circle, standing shoulder to shoulder. Introduce your partner and share the one thing that your partner said. Reverse roles. LSAP Coordinators will record the takeaways on posters. Let's look at these. What are the commonalities? What key messages do we want to remember? These takeaways will be emailed to all participants this coming week.
3:42 p.m. 12 minutes	Sharing Takeaways	We will now hear from each pair with one introducing the other and stating his or her takeaway. Recorders will write what is shared on the large poster paper.
3:54 p.m. 2 minutes	Prayer — A Christian Prayer in Union with Creation, Pope Francis	MC will pass the Encyclical around the group with participants taking turns reading pieces from the prayer.
3:56 p.m. 4 minutes	Solidarity Necklace Exchange	LSAP Coordinators will offer one of the Living <i>Laudato Si'</i> necklaces to each participant to exchange with their partner along with a prayer of gratitude.
4 p.m.	Adjourn	MC: Thanks again to host parish.