

When Eternal Life Takes Root in Us

Watch this mother's **personal testimony** about her daughter who has a rare genetic neurological disorder, causing her to be mentally handicapped and suffer seizures. In the midst of this difficulty, Katie Lyon has helped her daughter encounter Christ. As she says, "My desire for Jenny to receive Communion flowed from my own experience of feeling intimately connected to Jesus in the Eucharist. As a Catholic, I believe that Jesus is truly present in the Eucharist. This is our greatest treasure! I wanted Jenny to have this treasure of Jesus in her heart."



Jenny with her brothers, Brad and Fr. Hank

Prayerful Reflection:

Take some time to prayerfully reflect on how Katie's experience and perspective might inspire you to trust God more fully in your own life...

- Do you have a family member, or know someone, who has a disability? If so, consider how that person has been a channel of grace for you. In what ways do you notice the Holy Spirit working in their soul?
- Katie says that she experienced peace after discovering Catholic spirituality. Reflect on a time when you may have experienced peace through a particular aspect of Catholic spirituality.
- Have you experienced a deep sorrow in your life that led you closer to Jesus, especially in the Eucharist? Recall the process of working through that sorrow and look for the movements of the Holy Spirit throughout that.
- How can you follow Katie's example of helping her daughter "show up at Mass and be present to the Spirit" through a relationship with a loved one who is away from the Mass right now? What might help you to "return Sunday after Sunday to receive the Eucharist"?