



PLANNING A CATHOLIC MARRIAGE

Congratulations!

We are happy you have decided to marry in the Catholic Church and will be receiving the Sacrament of Matrimony. This guide will help you prepare for your upcoming blessed marriage. The name “PreCana” comes from the Wedding Feast at Cana, where Jesus performed his first public miracle, changing water into wine. “Pre” means before, so before your personal “Wedding Feast at Cana,” or your own wedding day, we help you prepare for the sacrament and start on your journey to a happy, healthy and holy lifelong marriage.

Getting Married in the Archdiocese of Chicago

Schedule an introductory meeting with your pastor or deacon

Meet with your pastor or deacon before you commit to a wedding date and read through your parish’s marriage guidelines. You can ask about appropriate music for the ceremony and begin to fill out some of the required paperwork. If you are getting married outside of the Archdiocese of Chicago, you will have to meet with the pastor preparing you for marriage (local) and be in contact with the pastor witnessing your ceremony (remote).

Take a premarital inventory

The inventories recommended by the Archdiocese of Chicago are both research and scientifically based with a Catholic understanding of marriage. They are the Catholic Couple Check Up, available at pvm.archchicago.org, or FOCCUS. Both inventories can be taken online.

Attend a marriage preparation class

To register for a PreCana course, please visit: events.archchicago.org/englishprecana. In addition to taking a PreCana class, you may also be interested in our supplemental videos about topics unique to your own experience. Resources about ceremony planning, cohabitation, children of divorce, forming a step-family, inter-church and interfaith, military, second marriages and African American marriages are available on pvm.archchicago.org/lifelong-formation/marriage-and-family-ministries/resources-and-links.

Preparación matrimonial en español pagina cuatro.

Attend a natural family planning class

Learn about the only method of family planning morally acceptable to Catholic teaching. Information about this can be found on pvm.archchicago.org.

Follow up with your pastor or deacon

Discuss any concerns raised in your marriage preparation class, share the results of the premarital inventory and review the ceremony details with the pastor or deacon who will be presiding over your ceremony. Complete the required paperwork and review the readings and music you have chosen.

Purchase a marriage license and attend the wedding rehearsal

Be sure you buy your marriage license within 60 days before your ceremony. The wedding rehearsal takes place at your church with those involved in the ceremony as determined by your pastor or deacon.

Enjoy your wedding day as you receive the sacrament of matrimony

Begin your lifetime commitment to one another, your own marriage in the Lord.

Marriage preparation in English

PreCana is a required course for couples getting married in the Archdiocese of Chicago. At the completion of the course, couples will receive a certificate of attendance which they would present to their pastor prior to their wedding day.

- The fee for a PreCana course is \$150 per couple.
- Each PreCana course is six to seven hours featuring live instruction, prayer and discussion with your engaged partner.
- PreCana is currently only offered virtually over Zoom. You can participate in either a full-day course (select Saturdays) or over the duration of two evenings (select Tuesdays/Thursdays).
- If you are getting married outside of the Archdiocese of Chicago, please confirm with your pastor that the Archdiocese of Chicago PreCana course fulfills their marriage preparation requirements. For more information about the course content, please see our Course Content below.

To register for a PreCana course, please visit: events.archchicago.org/englishprecana. For more information on the marriage preparation process, visit our [How to Get Married page](#).

One in Christ: Marriage Preparation Seminar

“The Path to Heaven through the Sacrament of Marriage”

This seminar is about the Vocation and Sacrament of Marriage. It can help you rediscover or discover for the first time the beauty, truth and goodness of the Catholic faith relating to marriage.

The pedagogical approach to the seminar is threefold: presentations teach and assist couples to see how the Catholic faith relates to marriage and family life and are then followed by reflection, discussion and prayer. Presentations include the following:

- Trinitarian Theology, Creation, Sin, Suffering, Redemption, Vocation and Discipleship
- Covenantal Theology and the Properties of Marriage
- Sacraments: Matrimony, the Eucharist and Reconciliation
- Covenantal Communication, Moral Virtues and Money
- Covenantal Love and Life: Planning your Family God's Way

The seminar takes place on two Saturdays from 9 a.m. to 5 p.m. The \$280 fee covers the two days, books, resources, catered breakfasts and lunches, NFP class and stipends. For dates and locations, please visit oneinchristmarriage.com.

Natural Family Planning

A Healthy Option for a Lifetime of Love

Natural Family Planning (NFP) is an umbrella term for natural, healthy and morally acceptable methods of fertility management that follow Catholic teaching to help couples space, achieve or avoid pregnancy.

These methods are scientific, completely safe, natural, have no side effects and do not involve the use of any medications, drugs, hormones or devices.

The three methods taught in the Archdiocese of Chicago are: The Billings Ovulation Method™, the Sympto-Thermal Method and the Creighton Model System. Classes are offered in English, Spanish and Polish at a variety of locations.

You are encouraged to learn NFP four to six months before your wedding.

Visit pvm.archchicago.org for more information.



PLANEANDO UN MATRIMONIO CATÓLICO

¡Felicidades!

Estamos felices de que hayan decidido casarse en la Iglesia Católica y que vayan a recibir el Sacramento del Matrimonio. Esta guía les ayudará a prepararse para su futuro y bendito matrimonio. El nombre "PreCaná" proviene de la fiesta de bodas en Caná, donde Jesús realizó su primer milagro público, cambiando el agua en vino. "Pre" significa "antes", por lo tanto, PreCaná significa que antes de su propia "fiesta de bodas de Caná", o del día de su propia boda, los ayudamos a prepararse para recibir el sacramento y comenzar su viaje hacia un matrimonio feliz, saludable y santo de por vida.

Casándose en la Arquidiócesis de Chicago

Hagan una cita con su párroco o diácono para una reunión de presentación

Vayan a una reunión con su párroco o diácono antes de que escojan una fecha para su boda y denles una leída a los requisitos parroquiales de la guía para matrimonio de su parroquia. Ustedes pueden preguntar sobre el tipo de música apropiada para la ceremonia, y pueden comenzar a llenar parte del papeleo requerido. Si se piensan casar fuera de la Arquidiócesis de Chicago tendrán que entrevistarse con el sacerdote encargado de prepararlos para su matrimonio (local) y estar en contacto con el sacerdote que será testigo de su ceremonia (remoto).

Tomen un inventario premarital

Los inventarios recomendados por la Arquidiócesis de Chicago tienen a la base de sus investigaciones científicas un entendimiento católico de lo que es el matrimonio. Estos inventarios son el "Catholic Couple Check Up", que se puede encontrar en línea en pvm.archchicago.org, o el "FOCCUS". Ambos pueden tomarse en línea.

Tomen la clase de preparación al matrimonio

Para inscribirse en un curso de PreCana en español, visite por favor: events.archchicago.org/precanaespanol. Inscribese en línea en pvm.archchicago.org o llame al **312.534.8351**. Además de tomar la clase de PreCaná, usted puede también ver algunos recursos complementarios de su interés sobre asuntos concernientes a su propia experiencia del proceso. Hay videos que tocan temas como la planeación de la ceremonia, la cohabitación, niños de un divorcio, la formación de una familia adoptiva, matrimonio entre personas que comparten la misma fe y entre personas con distintas profesiones de fe, matrimonios entre o con militares, segundos matrimonios y matrimonios Afro-Americanos.

Todos ellos se encuentran disponibles en familyministries.org.

Tomen una clase sobre planeación natural familiar

Aprenda sobre el único método de planeación familiar moralmente aceptado para la enseñanza católica. Puede encontrar información acerca de esto en pvm.archchicago.org. Dele seguimiento con su sacerdote o diácono. Discuta cualquier preocupación que salga de su clase de preparación matrimonial, comparta los resultados de su inventario prematrimonial y revise los detalles de la ceremonia con el sacerdote o diácono que estará presidiendo en su ceremonia. Complete el papeleo requerido y revise las lecturas y la música que usted ha escogido.

Compren una licencia de matrimonio y vaya al ensayo de la boda

Asegúrese de comprar la licencia para matrimonio antes del día de la ceremonia, pero con no más de 60 días de anterioridad. El ensayo de la boda tiene lugar en su iglesia con aquellos que participarán en la ceremonia como ha sido determinado por su sacerdote o diácono.

Disfruten su boda al tiempo que recibe el sacramento del matrimonio

Comiencen su matrimonio en el Señor con su compromiso de entrega del uno al otro para toda la vida.

Preparación Prematrimonial en Español

El PreCana es un curso requerido para contraer matrimonio en la Arquidiócesis de Chicago. Al terminar el curso, las parejas recibirán un certificado de asistencia que deben presentar a su párroco antes del día de su boda.

- La cuota para el PreCana es de \$150 por pareja.
- Cada curso de PreCana toma de seis a siete horas entre la presentación en vivo, oración y diálogo con su pareja.
- El PreCana se está ofreciendo actualmente solo en forma virtual a través de Zoom. El PreCana en español solo se ofrece en sábado.
- Si usted se va a casar fuera de la Arquidiócesis de Chicago, por favor, confirme con su párroco si el curso de PreCana de la Arquidiócesis de Chicago llena los requisitos de la diócesis donde se va a casar. Para más información sobre el contenido del curso, visite nuestro enlace al Contenido del Curso

Para inscribirse en un curso de PreCana en español, visite por favor: events.archchicago.org/precanaespanol. Para más información sobre el proceso de preparación matrimonial, visite nuestro enlace a **Cómo contraer Matrimonio**.

Planificación Familiar Natural

Una opción sana para una vida de amor

Planificación Familiar Natural (PFN) es un término general de los métodos naturales, que ayudan a las parejas a manejar su fertilidad de una forma sana, saludable y moralmente aceptable según la enseñanza Católica, para espaciar, lograr o evitar el embarazo.

Estos métodos son científicos, totalmente naturales, no implican el uso de medicamentos, drogas, hormonas o dispositivos, son seguros, y no tienen efectos secundarios.

Existen tres métodos de PFN que se enseñan en la Arquidiócesis de Chicago: el Método de la Ovulación Billings™, el Método Sinto-Térmico y el Modelo de Creighton. Las clases se ofrecen en inglés, español y polaco en varias localidades.

Se recomienda aprender la PFN de cuatro a seis meses antes de su boda. Para más información llame o visite pvm.archchicago.org.

Resources for Preparing Your Wedding Liturgy

United in Christ: Preparing the Liturgy of the Word at Catholic Weddings

Written by Leisa Anslinger, Jennifer Kerr Breedlove, Charles A. Bobertz, Mary A. Ehle, Christopher J. Ferraro, Mary G. Fox, Corinna Laughlin and Biagio Mazza

United in Christ: Preparing the Liturgy of the Word at Catholic Weddings provides couples with a simple resource for selecting the Scripture texts and important prayers for the wedding liturgy. This resource includes:

- Full texts of the Scripture readings
- Reflections on the readings written by married Catholic scholars
- Reasons a couple might select a particular reading
- Guidance for writing the Prayer of the Faithful with sample texts
- Full texts of the consent (vows), blessing and exchange of rings and the Nuptial Blessing
- Selection form to turn in to the pastor, deacon or liturgist This product is also available in Spanish and as an e-book.

ltp.org/products/details/UIC/united-in-christ

A Guide to Catholic Weddings: Q&A For Couples

Written by Sandra Dooley

A Guide to Catholic Weddings: Q&A for Couples provides the answers to common questions engaged couples have about getting married in the Catholic Church and preparing the wedding liturgy. It is a perfect resource to use together as a couple when participating in Pre-Cana formation. This product is also available as an e-book.

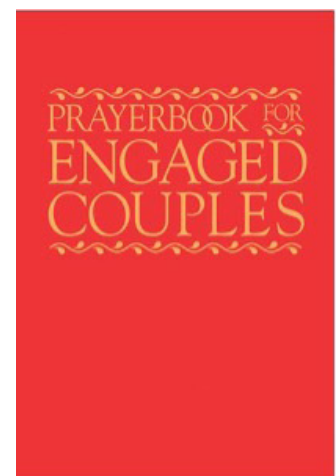
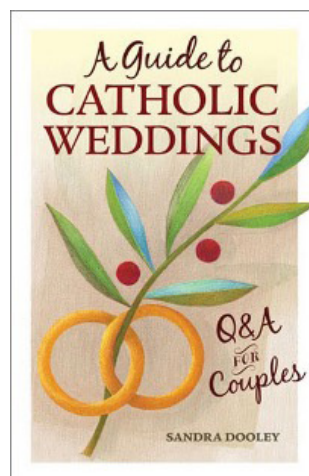
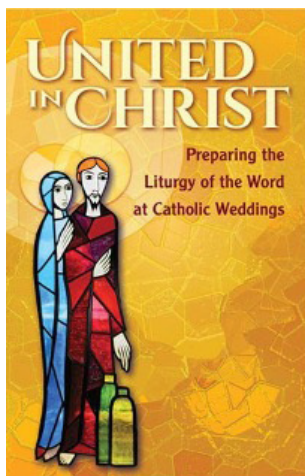
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Prayerbook for Engaged Couples, Fourth Edition

Written by Austin Fleming

Newly revised, *Prayerbook for Engaged Couples* invites and assists couples to pray with the Scripture readings and prayer texts that will be used at their wedding liturgy. This resource will help couples learn to pray and reflect together on God's Word, a practice that will sustain them throughout their married lives. This product is available in Spanish.

ltp.org/products/details/PWED4/prayerbook-for-engaged-couples-fourth-edition



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Learn it. Grow it. Serve it.

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THEOLOGY ON TAP



The Archdiocese of Chicago invites you to participate in and attend the Theology on Tap speaker series! Year-round, the Theology on Tap program provides unique opportunities to hear talks from Catholic changemakers during fun happy hours, allowing you to experience the Holy Spirit in new and exciting ways (with some spirits mixed in). For more information on all of the Theology on Tap events taking place across the Archdiocese of Chicago, please visit totchicago.org.

We look forward to seeing you there!