



Sacramental Preparation

It is recommended that parishes plan to resume sacramental preparation programming, if feasible to ensure that sacraments can be celebrated as quickly as possible when parishes again become open to the general public.

General Recommendations:

- Plan to launch or re-launch your at-home program by selecting a date that gives you enough time to prepare yourself, your parents and your participants for this new kind of learning.
- Prior to your launch date, consider offering virtual training and/or sharing guides, trainings, or tips for your parents/participants to transition into At-Home Sacramental Preparation. For parents, training will also better equip them to enter more fully in their role as the primary catechists for their children. Training should also include navigating any virtual platform you are using.
- Select an online classroom format to communicate with participants and their families and receive assignments. Setting up an online classroom is an easy way for participants to share their required reflections or any other assignments with the catechists. Check with your curriculum to see if they offer an online classroom platform. If not, try using a free platform such as [Google Classroom](#) or [Edmodo](#).

Program Recommendations:

- First Communion:
 - [Blessed by Dynamic Catholic](#) features engaging videos, downloadable student workbooks and leader guides, questions for discussion and/or reflection, and student prayers. (Free online / English, Spanish)
 - [God's Gift Eucharist by Loyola Press](#) includes a student book, Together magazine (a parent guide), and family activities . Digital editions are available for free to the parish leader if they contact their customer service at 1.800.621.1008. (Free online / English, Spanish)
 - [Our Faith and Life series by Ignatius Press](#) includes sacramental preparation in Grade 2 of this series, text with optional voiceover, pre and post-assessments, games, and reports for DREs to track progress. Online program can be accessed for free when the parish leader registers through [this online form](#), or calls their customer service at 1.866.981.8964. (Free online / English)
- Child/Youth Confirmation:
 - [Decision Point by Dynamic Catholic](#) features engaging videos, downloadable student workbooks and leader guides, questions for discussion and journal opportunities for reflection. (Free online / English, Spanish)
 - [Our Faith and Life series by Ignatius Press](#) includes sacramental preparation in Grades 7 and 8, text with optional voiceover, pre and post-assessments, games, and reports for DREs to track progress. The online program can be accessed for

free when the parish leader registers through [this online form](#), or calls their customer service at 1.866.981.8964. (Free online / English)

- Contact yyam@archchicago.org for more guidance and information.
- Adult Confirmation:
 - Select a simple combination of text, videos and reflection on the Sunday reading.
 - Connect candidates with virtual prayer groups and book clubs and consider hosting a weekly virtual reflection.
 - [Symbolon: The Catholic Faith Explained](#) features 20 video and discussion sessions that brings together some of the most trusted Catholic teachers in the world to guide you through the breadth and richness of the Catholic faith. (Subscription required / English)
 - [Chosen Program by Ascension Press](#) is made for teens but features videos and guides that can be used for adults. (Subscription required / English, Spanish)
 - Contact Adrian Badillo, Senior Coordinator for Adult Formation at abadillo@archchicago.org for more information and guidance.
- PreCana Marriage Preparation:
 - The archdiocesan Marriage Preparation Team is providing options for participating in PreCana programming via online formats.
 - Please contact familyministries@archchicago.org for more information.