# Domestic Violence Outreach

Our mission is to support victims of domestic violence by shining light on victims’ suffering, connecting victims to services and working to prevent domestic violence.

## You are not alone.

In an emergency, dial 911.

For help call the State of Illinois National Domestic Violence 24-Hour Hotline at 877-863-6338.

## You are loved.

If you live out of state, call the National Domestic Violence 24-Hour Hotline at

800-799-7233.

***Domestic violence. No excuse!***

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**Questions to Ask Yourself**

Are you being isolated from your family and friends?

Are you being physically, psychologically, economically or sexually abused?

Is your partner attempting to destroy your self-esteem and self-confidence?

**Victims often Report**

“I didn’t know it was abuse.”

“I thought I could fix it.”

“I didn’t tell anybody.”

**Domestic violence is a pattern of behavior. It is used to exert power and control over another person.**

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