

# OUTLINE OF TRAINING FOR EXTRAORDINARY MINISTERS OF COMMUNION AT MASS

Training would be in two sessions for 2 hours each (e.g., Evenings, 7 – 9 p.m.) OR training could be done in one session for 4 hours (e.g., Saturday morning, 9 a.m. – 1 p.m.).

# Two main parts to the training would be:

- Theology of Ministry and the Mass—Theology of the Eucharist
- Particular skills for the Extraordinary Minister

# 1. Baptism—the foundation for all ministry

- Duties of Baptized
- Baptism as membership in the Liturgical Assembly

### 2. Role of Extraordinary Ministers

- Overview and history
- Vatican II

### 3. The Mass

- Very Center of our Christian Lives
- The four main parts of the Mass
  - Introductory Rites
  - Liturgy of the Word (specifically its relationship to Liturgy of the Eucharist)
  - Liturgy of the Eucharist
  - Concluding Rites

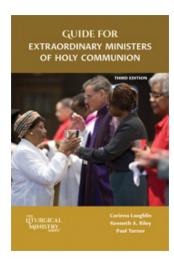
## 4. Dynamics of Eucharist

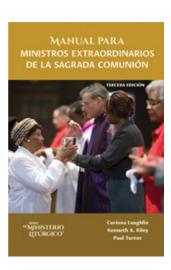
- Meal
- Sacrifice/Offering
- Real Presence
- Communion
- Memorial

# 5. Serving at Mass

- Preparation
  - Prayer

- Schedule
- Appearance
- The Communion Rite
  - Approaching the Altar
  - Receiving Communion
  - Receiving the Vessel
  - Going to your Station
  - Distribution
    - What do say (and what not to say)
    - How to distribute (in the hand/on the tongue)
    - The Chalice
  - Special Needs
  - Returning the Vessels
- The Unexpected
  - When the Body of Christ is dropped
  - When the Precious Blood is spilled
  - Intinction
  - Who can or cannot receive





Guide for Extraordinary Ministers of Holy Communion, Third Edition, English and Spanish, Liturgy Training Publications, Chicago