

# Exposition of the Blessed Sacrament and Adoration

Job Aid

(Target Audience: Cleaner/Usher/Priest)

ARCHDIOCESE OF CHICAGO



In conjunction with:

Diocese of Rockford

Diocese of Joliet

Diocese of Peoria

Diocese of Springfield

Diocese of Belleville



Please check with your local Diocese for any changes to this document

These guidelines for the Exposition of the Blessed Sacrament and Adoration reflect the updated guidance by government officials, healthcare professionals, and Church authorities.

These guidelines are based on current requirements for groups no greater than 10 in the church at any time. This is exclusive of all ministers and an usher or greeter.

Parishes should adapt only as necessary, *however, being careful not to violate social distancing, face covering, and disinfecting practices.*

Parishes or pastors may **NOT** alter number of allowed worshippers, social distancing, face covering, or disinfecting guidelines contained here.

# Step by Step

## Exposition of the Blessed Sacrament and Adoration

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### General Notes:

- Participants must wear masks or face coverings for the entire time they are in the church, even when responding to prayers. The sole exception is for reception of Communion when the mask should be lowered but replaced immediately after consumption of the sacred Host. Per IDPH and CDC guidelines, those with breathing difficulties can be exempted from this requirement, but those individuals must observe social distancing from anyone not living in their domicile.
- Entry and exit doors are to be properly labeled and monitored. Entry doors are to be propped or held open before the celebration, and exit doors are to be propped or held open at the end of the celebration to prevent people from touching the door handles, knobs, or push plates.
- For the sake of safety, scheduling should leave a minimum of one hour between services. As a parish and ministers become more familiar with the new processes and procedures and the time that is needed to prepare for and Disinfect after each service, they may adjust this time.
- All pews, instruments, and furniture used during the rite must be Disinfected after the service. Any of these items used and Disinfected must be completely clean and dry before reuse.
- After all participants have left the Church the entry and exit church door handles and plates must be cleaned and Disinfected.
- If unlocked and used, church restrooms should be cleaned and Disinfected immediately after all have left the building.
- Those Disinfecting the space should wear masks or face coverings and gloves at all times.
- Please remember that masks or face coverings that may have been distributed to family and guests may not be collected and reused by the parish.
- Greeter or pastor should take an inventory of supplies after the service and replenish accordingly.

# Scheduling Exposition of the Blessed Sacrament and Adoration

## TASK #1

### Scheduling Exposition and Adoration

**Step 1:** Determine the schedule for opening the church for Exposition of the Blessed Sacrament and Adoration.

**Note:** The church may not be left unattended at any point during this time. To maintain appropriate health and safety precautions, there must be a greeter or usher on duty at all times.

**Step 2:** Provide clear guidelines to parishioners when announcing Exposition and Adoration, including:

- The exact times the church will be open for prayer.
- No more than 10 worshipers will be allowed into the church at any given time.
- If there are others waiting to adore, each worshiper should limit their prayer time to 20 minutes. After waiting 20 minutes, a greeter may respectfully remind them that others are waiting and ask them to exit.
- Worshippers should bring their own masks or facial coverings which will need to be worn throughout their time in adoration.
- Worshippers may not sit together unless they are domiciled together.
- A Greeter will guide worshippers to seating that will be clearly marked.
- Once seated, worshippers are asked not to change seats or move around the church.

# Preparing for Exposition of the Blessed Sacrament and Adoration

## TASK #1

### Placing Church Markers

**Step 1:** Place markers on the floor (and in pews) to indicate where parishioners are to sit during their time of adoration.

**Note:** Social distancing guidelines must be followed, and all worshipers must wear a mask or face covering through the entire time of their prayer.



# Conducting Exposition of the Blessed Sacrament and Adoration

## TASK #1

### Escorting the Worshiper to a Seat

**Step 1:** A greeter/usher is to meet worshipers in the narthex or vestibule and be on duty for the entire time the church is open for prayer.

**Note:** If all available seating is taken for Exposition of the Blessed Sacrament and Adoration, the usher/greeter will instruct other worshipers to remain outside the church until space becomes available. Remind the worshipers to maintain proper social distancing while waiting.

**Step 2:** Greeter/Usher ensures proper safety precautions:

- Each parishioner is wearing a mask or face covering
- Each parishioner is screened for illness or temperature
- Each parishioner's hands are disinfected
- Instructs each parishioner to remain seated for their time of adoration.
- Each parishioner maintains proper social distancing at all times



## TASK #2

### Leading Exposition of the Blessed Sacrament and Adoration

**Step 1:** The Blessed Sacrament is brought from the tabernacle and placed in the monstrance on the altar



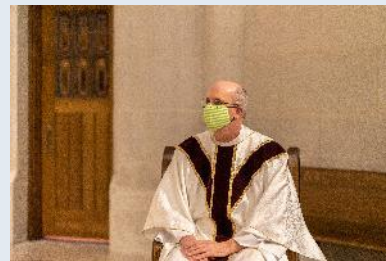
**Step 2:** The priest or deacon should sanitize his hands immediately before touching the Host or the luna



**Step 3:** The priest or deacon then places incense in the censer, kneels and incenses the Holy Eucharist. The rest of the assembly kneels as well.



**Step 4:** After the incensation, he returns to the chair.



**Step 5:** During the adoration, the presider may proclaim one or more of the readings of the day, ensuring a period of substantial silence in between readings.

**Step 6:** If appropriate, the priest or deacon may give a homily. He may remove his mask for this



**Step 7:** Time of Adoration

During the time of adoration, the priest or deacon should remain with those coming to the church for adoration or be substituted by another priest or deacon so that the people always have a minister present. As different people come for adoration, and at regular intervals throughout the time for Adoration, there should be a reading of the scripture of the day by the priest or deacon and a short homily may be given, all the while leaving time for a period of silent adoration. At no time can the Blessed Sacrament be left alone. At the end of the scheduled time for each group present for adoration, the priest or deacon can bless the assembly with the monstrance.

### **Step 8: Benediction**

At the end of the scheduled time for the church to be open for adoration, benediction takes place followed by the reposition of the Blessed Sacrament. For benediction the priest or deacon goes to the altar, genuflects and then kneels. Taking the censer, he incenses the Blessed Sacrament. He then stands and says the prayer. The priest or deacon then puts on the humeral veil, genuflects, and takes the monstrance. He then makes the sign of the cross with it over the people in silence. He then returns the monstrance to the altar, sanitizes his hands, genuflects and removes the luna and reposes it in the tabernacle.

**Step 9:** Usher escorts worshipers from church, following social distancing practices.

## Post-Exposition of the Blessed Sacrament & Adoration Activities

### TASK #1

#### Disinfect the Church

**Step 1:** Disinfect any pews and kneelers that were used, following the process outlined in the Disinfecting Job Aid

**Step 2:** Disinfect Church doors using the process outlined in the Disinfecting Job Aid

**Step 3:** Disinfect chairs used, following the process outlined in the Disinfecting Job Aid

**Step 4:** Disinfect the censor, following the process outlined in the Disinfecting Job Aid

**Step 5:** Carefully disinfect monstrance, following the process outlined in the Disinfecting Job Aid

**Step 6:** Disinfect the luna, following the process outlined in the Disinfecting Job Aid

**Step 7:** After all attendees have left the building, disinfect the restrooms using the process outlined in the Disinfecting Job Aid



# Checklist

## Exposition of the Blessed Sacrament & Adoration

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### Scheduling the Exposition of the Blessed Sacrament & Adoration

TASK	Complete	DESCRIPTION
Determine times when church will be open for private prayer and adoration	Completed: <input type="checkbox"/>	
Notify parishioners of schedule and guidelines for the Exposition of the Blessed Sacrament & Adoration	Completed: <input type="checkbox"/>	

### Preparing for the Exposition of the Blessed Sacrament & Adoration

TASK	Complete	DESCRIPTION
Place markers on the floor to indicate proper social distancing	Completed: <input type="checkbox"/>	
Place markers in pews to indicate proper social distancing	Completed: <input type="checkbox"/>	

### Conducting the Exposition of the Blessed Sacrament & Adoration

TASK	Complete	DESCRIPTION
Usher greets worshipers	Completed: <input type="checkbox"/>	Must maintain 6ft social distance
Usher ensures proper safety precautions <ul style="list-style-type: none"><li>Masks/face covering</li><li>Illness/symptom screening</li><li>Hand disinfecting</li></ul>	Completed: <input type="checkbox"/>	
Usher informs worshipers of need to remain in seats and observe social distancing at all times	Completed: <input type="checkbox"/>	
Usher escorts first group of 10 worshipers to pre-marked seats in pews	Completed: <input type="checkbox"/>	Must maintain 6 ft social distance
Blessed Sacrament placed in monstrance	Completed: <input type="checkbox"/>	
Priest/Deacon sanitizes hands	Completed: <input type="checkbox"/>	
Priest/Deacon places incense in censor, kneels and incenses the Holy Eucharist	Completed: <input type="checkbox"/>	
Worshipers kneel	Completed: <input type="checkbox"/>	
Priest/Deacon returns to chair	Completed: <input type="checkbox"/>	
Priest/Deacon conducts Time of Adoration	Completed: <input type="checkbox"/>	

Priest/Deacon conducts Benediction Completed:

Usher escorts worshipers out of church Completed:

## Post- Exposition of the Blessed Sacrament & Adoration Activities

TASK	Complete	DESCRIPTION
Disinfect any pews and kneelers that were used, following the process outlined in the Disinfecting Job Aid	Completed: <input type="checkbox"/>	Follow procedures outlined in the Disinfecting Job Aid
Disinfect Church doors	Completed: <input type="checkbox"/>	Follow procedures outlined in the Disinfecting Job Aid
Disinfect chairs used	Completed: <input type="checkbox"/>	Follow procedures outlined in the Disinfecting Job Aid
Disinfect the censor	Completed: <input type="checkbox"/>	Follow procedures outlined in the Disinfecting Job Aid
Carefully disinfect monstrance	Completed: <input type="checkbox"/>	Follow procedures outlined in the Disinfecting Job Aid
Disinfect the luna	Completed: <input type="checkbox"/>	Follow procedures outlined in the Disinfecting Job Aid
After all attendees have left the building, disinfect the restrooms	Completed: <input type="checkbox"/>	Follow procedures outlined in the Disinfecting Job Aid